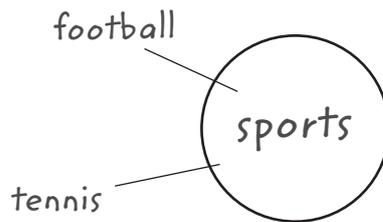


## Football academy

- 1 Write the names of all the sports you can think of in one minute.



- 2 In pairs. Ask and answer the questions.

- Which sports do you think are the most popular in the UK?
- Are the same sports popular in your country?
- Which sports are popular with girls and boys?

- 3 Watch the video. Put the events of a football academy student's day in the correct order (1–6).

- feel tired
- go to the gym
- go outside
- work on projects in the classroom
- practise football skills
- have lunch

- 4 Watch the video again. Choose the correct answer: A, B or C.

- The most popular sport in the UK is
  - athletics.
  - cricket.
  - football.
- The academy is a special football school where
  - young people study football and other subjects.
  - children play football after school.
  - professional footballers teach children.
- Footballers need to have
  - lots of breaks.
  - strong hearts.
  - long legs.
- When they finished training, the students felt
  - fantastic because they spent the day with their friends.
  - motivated to continue working hard.
  - happy because they achieved their dreams.
- What is the purpose of the video?
  - To describe a typical day at a football academy.
  - To tell people how to join a football academy.
  - To compare football academies in general with normal schools.



GLOSSARY

**athlete** (n) sportowiec, lekkoatleta  
**competitor** (n) zawodnik, rywal  
**injured** (adj) ranny, kontuzjowany  
**lungs** (n) płuca  
**pitch** (n) boisko  
**skills** (n) umiejętności

**5** Complete the sentences with the words below.

diet goals injured listen to music  
school teachers

- 1 An academy is a type of \_\_\_\_\_.
- 2 Students at the academy can \_\_\_\_\_ in their lessons.
- 3 Footballers have a healthy \_\_\_\_\_.
- 4 It's easy to get \_\_\_\_\_ in professional sport.
- 5 Trainers are sports \_\_\_\_\_.
- 6 The trainers set \_\_\_\_\_ for their students.



**6** Underline the correct form of the verbs to complete the sentences.

- 1 While she was running, she **saw** / **was seeing** her friend getting into his car.
- 2 Our footballers **didn't concentrate** / **weren't concentrating** when the other team scored.
- 3 He was injured, so he **stopped** / **was stopping** playing rugby.
- 4 She was playing tennis when she **lost** / **was losing** her watch.
- 5 She **broke** / **was breaking** her leg while she was training for the Olympics.

**7** **THINK AND SHARE** In pairs. First read the questions and make notes. Then choose one of the people below and prepare to answer the questions from his/her point of view.

a football trainer a maths teacher  
a mum a teenage swimmer

- 1 Do you think sports academies are a good way for young people to learn sports skills?
- 2 What are the advantages and disadvantages of this type of school?
- 3 Choose a different person from the list and ask and answer questions 1 and 2 again.



**Online research**

In groups. Choose one of the tasks and find information about it on the Internet.

- 1 Find out about sports academies in the UK or Poland. Answer these questions.
  - How popular are sports academies?
  - How old must you be to study there?
  - Do students study other subjects, too?
  - Are they free or do students pay?
  - Which sport would you like to study at a sports academy? Why?

**Make an illustrated leaflet of the academy you researched.**

- 2 Some English-speaking teenagers from a sports academy are going to come on an exchange visit to your school for a month. Plan a programme of activities for them. Think about:
  - activities you can organise after school.
  - weekend visits / day trips.
  - sports you can do in your town.
  - important teams and matches in your area.

**Present the information in a vlog for the exchange students to watch.**